

BATCH & GROW

Free Cover Crop Seeding Program for Southern Illinois Farmers for Soil Health

The Southern Illinois Farmers for Soil Health group is offering a FREE program to help farmers establish cover crops on corn and soybean acres to reduce erosion, enhance soil health, and manage nutrients through the FLASH program. Participants can choose cover crops from several group-approved options. Fields will be seeded from September to December, depending on the mix or species selected.

Cover crops will be aerial seeded, free of charge, with DIY drilling options available.

**Applications open!
May 1-June 10, 2026**

Apply and learn more online
at www.farmland.org/flash



Cover crops seeded by drone in Montgomery County.

For information about the Southern Illinois Farmers for Soil Health FLASH program, contact: Jill Vonder Haar, contact@mainstreetpastures.com

Contact Us

Morgan Cauble, American Farmland Trust
mcauble@farmland.org, 815-373-4187

www.farmland.org/flash



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Funding for the program is provided by USDA's Regional Conservation Partnership Program. Participants must have valid Farm & Tract number(s), meet USDA's eligibility requirements, and share their field management information using the STAR tool (www.startool.ag).

Cover Crop Selections (lbs/acre)	Details
Winter barley (5) + Winter oats (5) + Annual Ryegrass (5) + Crimson clover (4) + Balansa clover (2) + Vetch (2) + Rapeseed (1)	Before Corn; Aerial
Winter barley (10) + Winter oats (10) + Crimson clover (4) + Balansa clover (2) + Vetch (2)	Before Corn; Aerial
Oats (32) + Radish (1) + Turnip (1)	Before Corn or Soybeans; Aerial or DIY Drill
Cereal rye (20-30) + Winter barley (10-15) + Annual ryegrass (3) + Rapeseed (2) + Crimson clover (2) + Balansa clover (1) + Vetch (1)	Before Soybeans; Aerial
Cereal Rye (40)	Before Soybeans; Aerial or DIY Drill

*Seeding rates may be adjusted to meet NRCS standards
Planting windows may vary

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